

July 2024

Carolina country

**HELPING
YOU
SAVE**

Give your oven a break by grilling out!

It's just one of the **easy summer savings tips** you can try to help you lower your energy use and bills.







Want more ways to save? Turn the page.





HELPING YOU SAVE

Try these simple ways to help you take the heat off summer energy bills:

-  **ADJUST** ceiling fans to turn counterclockwise. The downdraft helps rooms feel cooler.
-  **TAKE** cooler, short showers instead of hot baths. Be refreshed.
-  **CLOSE** drapes and shades on sunny days. You'll cool things off and be more mysterious.
-  **TACKLE** laundry — especially clothes drying — after the sun goes down. Washing clothes in cold water and line drying them helps, too.
-  **GRILL** outdoors. Or, use the microwave, instead of the oven.
-  **BUMP** up the thermostat. If using a smart thermostat, set the temp higher when you're away from home.

Grilled Lime Chicken recipe

Ingredients



- 8 boneless, skinless chicken breast halves (4 ounces each)
- 1/2 cup lime juice
- 1/3 cup olive oil
- 4 green onions, chopped
- 4 garlic cloves, minced
- 3 tablespoons chopped fresh dill, divided
- 1/4 teaspoon pepper

Place chicken in a shallow dish. Combine the lime juice, oil, onions, garlic, 2 tablespoons dill and pepper; pour over chicken and turn to coat. Refrigerate, covered, 2-4 hours.

Drain chicken, discarding marinade. Grill chicken, covered, over medium-hot heat for 3-4 minutes on each side, or until a thermometer reads 165°. Sprinkle with remaining 1 tablespoon dill.

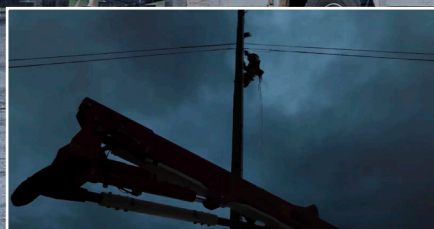
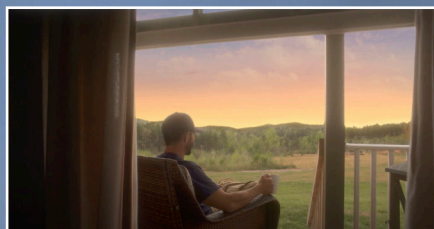
BlueRidge
ENERGY 

Get more easy tips at
[BlueRidgeEnergy.com/Save](https://www.BluRidgeEnergy.com/Save) today!

WHEN THE LIGHTS GO OUT, SO DO WE

Your co-op is ready to roll when repairs are needed. If summer storms disrupt power, we quickly have equipment and crews on the way.

Regardless of the weather, when the lights go out, so do we.



Watch Our Video Story:



"Grateful"

BlueRidge
ENERGY



JOIN THIS KNOCK-OUT PROGRAM!

Be a Champion

Get in the Ring.

Join **Beat The Peak** to help keep rates, and bills, as low as possible.

Sign up for peak alerts online or text "BTP" to 70216.

Simple actions to reduce use during the peak:



Grill Outside



Turn off
unnecessary lights
and electronics



Raise your
thermostat



Delay laundry,
dishwashing and
hot showers

Join Beat The Peak today at
BlueRidgeEnergy.com/BTP

